



# Coronavirus Updates and Resources

## Sources For Free Food and Groceries in Portland

This list was compiled by The Oregon Food Bank



Free Groceries







Free Produce



Free Meals



Other Programs

Store	Address	Hours	Phone
 PCC Rock Creek	17705 NW Springville Rd.	Mon 9am-5 pm, Tues 9 am-5 pm, Wed 9 am-5 pm, Thurs 9 am-5 pm, Fri 9 am-2 pm	971-722-7079
 Tualatin Valley Gleaners	9100 SW Wilshire Street	Sat 12 pm-3:30 p.m.	971-409-6823
 Sitton Elementary School Free Food Market	9930 N. Smith	Wed 2:30 pm-4 pm Open 1st Wednesday of the month in the school gym. Changes to schedule: January 8th, 2020. Day/time may change in summer. Please bring bags or boxes.	971-347-5725
 Salvation Army Gresham	473 SE 194th Ave	Areas Served: East of 122nd Ave. Mon 9 am-3 pm, Tues 9 am-3 pm, Wed 9 am-3 pm, Thurs 9 am-3 pm Closed for lunch noon-1. Closed 1st Wednesday of the month. Does not deliver.	971-220-9413
 Sisters of the Road Cafe	133 NW 6th Ave.	Area Served: All. Tues 10 am-3 pm, Wed 10 am-3 pm, Thurs 1 am-3pm, Fri 10 am-3 pm, Sat 10 am-3 pm	505-222-5694

**SVDP St Ignatius**

3400 SE 43rd Ave

Areas Served: SE Powell - SE Holgate &amp; SE 60th west to 22nd. By Referral only. Call first. Delivery Only, no walk-ins

503.235.8431

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**C3 Church Food Pantry**

6120 NE 57th Ave

Sun 12 pm-1 pm, Tues 12 am-1 pm, Sat 12 pm-1 pm Shopping style pantry

503-997-2003

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**Impact NW Free Food Market**

10055 E Burnside St

Areas Served: All. Fri 9 am- 4th Friday of every month. Please bring your own bags. Open to anyone in need of food assistance, no income verification required.

503-988-6300

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**SVDP St Juan Diego**

5995 NW 178th Ave

Areas Served: S. Cornell W. Helvetia E. Bethany N. W. WC Line. Mon 4 pm-5:30 pm, Thurs 10 am-11:30 AM, Fri 11 am-12:30 pm \*Shopping style pantry.

503-985-6046

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**Portland Rescue Mission**

111 W Burnside

Areas Served: All. Sun 7 am-6 pm, Mon 7 am-6 pm, Tues 7 am-6 pm, Wed 7 am-6 pm, Thurs 7 am-6 pm, Fri 7 am-6 pm, Sat 7 am-6 pm Meals served at 7 am and 6 pm. Lunch at 12:30pm on Sat and Sun.

503-906-7690

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**Sharon Community Services SDA**

5209 NE 22nd Ave

Areas Served: N and NE Portland. Sat 2 pm-4 pm Open the last 2 Saturdays of the month. \*Shopping style pantry.

503-880-3065

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**St Mark's Lutheran Church**

5415 SE Powell Blvd

Areas Served: 97206. Fri 3 pm-5:30pm Shopping style pantry. Serves area code 97206.

503-777-1443

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**Francis Center**

6535 SE 82nd Ave

Areas Served: 97206, 97215, 97266, 97290. Mon 10 am-2 pm, Tues 10 am-2 pm, Wed 10 am-2 pm, Thurs 10 am-2 pm

503-775-6784

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**Clackamas  
Service Center  
Meals**

8800 SE 80th  
Ave

Areas Served: Clackamas County.  
Sun 3 pm-4 pm, Tues 1 pm-2 pm,  
Wed 5 pm-6 pm, Thurs 1 pm-2 pm,  
Fri 7 pm-9 pm, Sat 5 pm-7 pm

503-771-7914

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**Clackamas  
Service Center  
Day and Night  
Markets**

8800 SE 80th  
Ave

Areas Served: All. Mon 4 pm-6 pm,  
Wed 10 am-1 pm, Thurs 10 am-  
12:30 pm Food Market & Clothing  
Room visits are available once per  
week, per person. Please arrive  
no more than 30 minutes before  
services begin.

503-771-7914

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**All Saints  
Episcopal**

4033 SE  
Woodstock  
Blvd

Sat 11 am-1 pm Every Saturday

503-705-1408

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**Davis Elementary  
School Free Food  
Market**

19501 NE  
Davis Street

Fri 3:30 pm-5 pm Open 2nd Fridays  
of the month in the school cafeteria.  
Day/time may change in summer.  
Please bring bags/boxes.

503-701-2474

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**SnowCap**

17805 SE Stark  
St

"Areas Served: Multnomah Co. East  
of 82nd Ave.. Mon 10-2, Tues 10-2,  
Wed 10-2, Thurs 10-2, Fri 10-2 Also  
open Mon & Wed 6-8 pm and the  
2nd Thursday every month from 4-5  
pm.

503-674-8785

\*Shopping style pantry. SnowCap  
is located behind UMC church on  
Stark."

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**Rock Creek  
Church CMS**

4470 NW  
185th Ave

Areas Served: All. Thurs 6 pm-7 pm  
First Thursday of the month

503-645-2525

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**Rock Creek Church EFB**

4470 NW  
185th Ave

Areas Served: 97229, 97006, 97007, 97008, 97124, 97123. Mon 3 pm -4 pm, Tues 9 am -12 pm-and 4 pm-7 pm Appointment only on Monday. Call 503- 645-2525 after 8am, the day of, for an appointment. Space is limited. Shopping style pantry. Please note, if a holiday falls on a Monday the pantry will be closed that day and following Tuesday.



**Cedar Mill Bible Church - The Jesus Table**

12208 NW  
Cornell Rd

Areas Served: All. Tues 6-7pm  
Serves all locales.

503-644-3156



**SVDP St Therese**

1260 NE  
132nd Ave

Areas Served: Stark north to Col. river, 122nd to 165th. By Referral only. Call for delivery options.

503-595-2286



**SVDP St Pius X (Cedar Mill)**

1170 NW  
123rd Avenue

Areas Served: 97229. Mon 10 am-12 Noon, Wed 10 am-12 Noon, Fri 10 am-12 Noon Please call for an appointment. \*Shopping style pantry

503-591-9025



**Sunset Presbyterian Church - Helping Hands**

14986 NW  
Cornell Rd

Areas Served: All. Wed 9:30am-12 pm, Thurs 4 pm-6:30pm  
Appointments are preferred but not required. Please call Care to Share (503-591-9025) for appointment. \*Shopping style pantry.

503-591-9025



**Wallace Medical Concern Free Food Market**

124 NE 181st  
Avenue

Areas Served: All. Tues 9 am-10 am  
4th Tuesday of every month at 9 a.m. Please bring your own bags. Open to anyone in need of food assistance, no income verification required.

503-544-1466



**Outside In**

1132 SW 13th  
Ave.

Meal Hours = M- F: 9-10am, 1-2pm, & 5-6pm. Sunday: 1-2pm & 5-6pm. Please note meals are for youth ages 18-25.

503-535-3800

	<b>New Avenues for Youth Drop-In Center</b>	314 SW 9th Ave	Mon 9 am-8 pm, Tues 9 am-8 pm, Wed 9 am-8 pm, Thurs 9 am-8 pm, Fri 9 am-8 pm, Sat 9 am-8 pm	503-517-3939
	<b>Bridger Elementary Free Food Market</b>	7910 SE Market Street	Areas Served: open to anyone. Fri 3 pm-5 pm 3rd Fridays of the month in the school cafeteria. June 2020 date TBD; day/time may change in summer. Please bring bags.	503-502-1485
	<b>Clay St Table - First Christian</b>	1314 SW Park Ave	Areas Served: Youth under 25. Tues 5pm-8pm Meals for young people age 18-30 years.	503-499-4969
	<b>Trinity Episcopal Cathedral Meal Service</b>	147 NW 19th Avenue	Mon 11 am-1 pm, Tues 11 am-1 pm, Wed 11 am-1 pm, Thurs 11 am-1 pm, Fri 11 am-1 pm, Sat 10 am-12 pm Community meal on Wednesdays; other days, supplemental food supply available.	503-478-1210
	<b>Clay St Table - Pantry</b>	1432 SW 13th Ave	Areas Served: downtown Portland. Thurs 1 pm-4:30 pm Open the 4th Thursday of the month. *Shopping style pantry.	503-449-4969
	<b>Portland Open Bible Community Pantry</b>	3223 SE 92nd Ave	Tues 5 pm-8 pm, Thurs 10 am-2 pm *Shopping Style Pantry	503-442-8228
	<b>University Park ACS</b>	4007 N Alaska St	Areas Served: All. Wed 5 pm-7 pm, Fri 11am-12pm Clothes available from 1-3 pm on Wednesdays. *Shopping style pantry.	503-397-4389
	<b>Highland Christian Center</b>	7600 NE Glisan St	Fri 10 am-12 pm	503-287-9567
	<b>Linnton Community Center EFB</b>	10614 NW St. Helens Rd	Areas Served: Linnton and Portland. Tues 10 am-12 pm Last two Tuesdays of the month open from 1 pm - 6 pm	503-286-4990



**St John's Food Share**

8100 N. Lombard St.

Mon 9 am-12:30 pm, Wed 9 am-12:30 pm, Fri 9 am-7 pm Call first for membership information. Clothing available.

503-286-0750

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**EMO NE Emergency Food Program**

4800 NE 72nd Ave

Areas Served: All. Tues 1 pm-4 pm, Thurs 1 pm-4 pm, Sat 1 pm-4 pm \*Shopping Style Pantry.

503-284-5470

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**Allen Temple Food Pantry**

4214 NE 8th Ave

Areas Served: NE Broadway/ Ainsworth, NE 42nd/N. Killingsworth. Tues 5 pm-7 pm, Wed 11 am-2 pm, Sat 11 am-2 pm Closed first week of every month and 2nd Tuesday of every month.

503-284-1010

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**SVDP St Andrew Free Food Market**

4940 NE 8th Avenue

Areas Served: All. Thurs 1:30-2:30 Holiday date change - Thursday November 21, Thursday December 19. New name - formerly Harvest Share. The 4th Thursday of every month. Please bring your own bag.

503-282-0555

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**Cherry Blossom Free Food Market**

740 SE 106th Ave

Areas Served: All. Wed 9 am- 3rd Wednesday of the month. Please bring your own bag. Open to anyone in need of food assistance - no income verification required.

503-282-0555

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**University Park Seventh Day Adventist Free Food Market**

4007 N Alaska Ave

Areas Served: All. Fri 11 am- 1st Friday of the month - first come first served. Please bring your own bag. 11 am until done - open to anyone in need of food assistance, no income verification required.

503-282-0555

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**Lift Urban Portland Free Food Market**

1816 NW Irving St

Areas Served: All. Wed 9-10 2nd Wednesday of the month - first come first served(random number system). Lottery and coffee at 8:30. Distribution begins at 9. Please bring your own bag.

503-282-0555

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**Portland Open Bible Free Food Market**

3223 SE 92nd Avenue

Areas Served: All. Wed 11 a.m.-1 p.m. 2nd Wednesday of the month from 11 a.m. - 1 p.m. Bring your own bags Open to anyone in need of food assistance, no income verification required.

503-282-0555

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**Rigler Elementary Free Food Market**

5401 NE Prescott

Areas Served: All. Mon 3:30 pm-4 pm 2nd Monday of the month 3:30 pm - 4 pm Open to anyone in need of food assistance, no income verification required.

503-282-0555

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**Portland State University Free Food Market**

Mon 12 pm- 2nd Monday of every month at 12pm, outside Shattuck Hall. Please bring your own bag. Open to anyone in need of food assistance, no income verification required.

503-282-0555

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**New Columbia Free Food Market**

4625 N Trenton St

Sat 12 pm-1 pm Open 3rd Saturday of each month. 4625 N Trenton St., Portland. Open to anyone in need of food assistance, no income verification required. Please bring your own bags.

503-282-0555

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**Genesis Community Fellowship Food Pantry**

5425 NE 27th Ave

Areas Served: 97211, 97212, 97203, 97217. Sat 1 pm-3 pm Open Saturdays from 1pm - 3 p.m. only. Closed Saturday December 28th, 2019.

503-281-9472

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**St Philip the Deacon Episcopal Church**









120 NE Knott St

Areas Served: All. Tues 12pm-4pm, Sat 11 am-1 pm Meal served Saturdays 11am to 1pm. Pop-up pantry also available on the 1st and 3rd Tuesday of the month from 12pm to 4pm. Produce and dry goods only. Please bring shopping bags. See Hand Up Project for additional site & hours.

503-281-5802

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	<b>Union Gospel Mission</b>	15 NW 3rd Ave	Areas Served: All. M-F 6:30am Sack lunches distributed; Wed & Fri only 6:30am hot breakfast; Tues-Fri coffee & pastries served 2-4pm, hot dinner 7:10pm; Sat snacks & beverages 2-4pm	503-274-4483
	<b>Union Gospel Mission Food Pantry</b>	15 NW 3rd Avenue	Areas Served: Portland Metro. Fri 11:30 am- Distribute boxes until they run out	503-274-4483
	<b>Crossroads Food Bank</b>	2407 NE 102nd Ave	Areas Served: all. Thurs 9 am-12 pm, Fri 9 am-12 pm *Shopping style pantry.	503-257-9345
	<b>Potluck in the Park</b>	Under the Hawthorne Bridge	Areas Served: All. Sun 3 pm-5 pm Sunday meal is served from 3 p.m. - 5 p.m. Site is on NW Glisan between 8th Ave and Park Ave, one block west of Broadway and one block south of the Main Post Office	503-255-7611
	<b>Parkrose United Methodist Church</b>	11111 NE Knott St	"Tues 4-6, Fri 4-6 1st and last Tuesdays and Fridays only.  *Shopping Style Pantry"	503-253-7567
	<b>Portland Adventist Community Services</b>	11020 NE Halsey St	Areas Served: all. Mon 9 am-11 am, Tues 9 am-11 am, Wed 9 am-11 am, Thurs 9 am-11 am, Fri 9 am-11 am *Shopping style pantry.	503-252-8500
	<b>PACS Cow</b>	11020 NE Halsey St	This is a mobile food pantry. Please call, 503-252-8500, for changing location and times.	503-252-8500
	<b>Hereford House Food Pantry</b>	7704 N Hereford Ave	Areas Served: All. Fri 12 pm-2 pm, Sat 12 pm-2 pm *Shopping style pantry.	503-247-3511 x8899





**St Luke Lutheran  
Church EFB**

4595 SW  
California St

Areas Served: all. Sat 3:30 pm-4:30  
pm Open the last Saturday of the  
month only from 3:30 p.m. - 4:30  
p.m.

503-246-2325

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**Neighborhood  
House  
Community  
Services**

3445 SW Moss  
Street

Areas Served: Call for zip codes.  
Mon 10 am-12-& 1:30 pm-5 pm,  
Wed 10 am-12 pm-& 1:30pm-5 pm,  
Thurs 3 pm-8 pm Serves zip codes  
97005, 97034, 97035, 97201, 97204,  
97205, 97219, 97221, 97239, 97209,  
97210. \*Shopping style pantry.

503-246-1663

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**Salvation  
Army Portland  
Tabernacle Family  
Services**

1712 NE Sandy  
Blvd.

Areas Served: Call to hear which zip  
codes served. Mon 9 am-4 pm, Wed  
9 am-4 pm, Fri 9 am-4 pm Closed  
for lunch from 11:15 to 1pm. Please  
arrive at least 15 min before close.  
Closed every 3rd Friday.

503-239-1264

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**SVDP St Joseph  
the Worker**

2310 SE 148th  
Ave

Areas Served: 97233, 97236, 97216.  
Sat 10am-noon Walk-in pantry.  
Delivery by referral.

503-235-8431

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**SVDP St John  
Fisher**

7007 SW 46th  
Ave

By Referral only. Delivery only.

503-235-8431

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**SVDP St Rose**

2727 NE 54th  
Ave

Areas Served: 97213, 97218. By  
Referral only. Call SVDP 503-235-  
8431 for Delivery.

503-235-8431

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**SVDP St Rita**

10029 NE  
Prescott St

Areas Served: 97220, 97213. Wed  
3 pm-5 pm, Sat 10 am-12 noon  
Referral from Portland Council is  
encouraged. Parish Boundaries:  
Columbia River to NE Halsey and  
77th Ave. to 122nd Ave.

503-235-8431

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**SVDP Ascension**

743 SE 76th  
Ave

Areas Served: 97213, 97215, 97216.  
Wed 5 pm-6:30 pm, Thurs 2 pm-  
3:30 pm

503-235-8431

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**SVDP Holy Redeemer**

25 N Rosa Parks Way

Areas Served: 97217, 97211. Wed 2:30pm-4 pm, Sat 2:30pm-4 pm Referral is strongly encouraged. Service Boundaries are from Ainsworth North to the Columbia River and from N. Interstate Ave. to NE 18th Ave.

503-235-8431



**SVDP Immaculate Heart**

2926 N Williams Ave

Areas Served: 97227, 97211, 97232, 97212. Tues 12 pm-2 pm, Thurs 3 pm-5 pm No Referrals required.

503-235-8431



**SVDP St Louise**

8101 SE Cornwell

Areas Served: All. Tues 1 pm-3:30 pm, Fri 1 pm-3:30 pm St. Louise is the Emergency Food Pantry at the SVDP Portland Council building. Walk-ins are welcome. We're not able to allow early signups or serve before or after these hours.

503-235-8431



**SVDP St Charles**

5310 NE 42nd Ave

Areas Served: 97211, 97218. Sat 10 am-1 pm Open on Saturdays,; other days by referral only Boundaries: Columbia River, south to NE Mason Ave. From 22nd Ave. to 82nd Ave.

503-235-8431



**SVDP St Henry**

346 NW 1st St

Areas Served: 97030, 97080, 97024, 97060, 97009, 97019, . Tues 10 am-12 pm, Sat 10 am-12 pm Areas Served: 97030, 97080, 97024, 97060, 97009, 97019 10 a.m. until we have reached our maximum number of 35 households. Please bring bags and proof of address.

503-235-8431



**SVDP All Saints**

3847 NE Glisan

Areas Served: 97213, 97214, 97215, 97232. By Referral only. Delivery

503-235-8431



**St Francis Dining Hall**

330 SE 11th Ave

Areas Served: All. Sun 12 pm-5 pm, Mon 10 am-7 pm, Tues 10 am-7 pm, Wed 10 am-7 pm, Thurs 10 am-7 pm, Fri 10 am-7 pm

503-234-2028



**Mainspring  
Portland  
(formerly FISH  
Emergency  
Services)**

3500 NE 82nd  
Avenue

Areas Served: Multnomah County to  
East 92nd and Clackamas. Mon 10  
am-1 pm, Tues 10 am-1 pm, Wed 10  
am-1 pm Thurs by appointment only  
and CSFP

503-233-5533



**First Baptist  
Church CMS**

909 SW 11th  
Ave.

Areas Served: All. Mon 2 pm-4 pm,  
Thurs 2 pm-4 pm

503-228-7465



**St Andre Bessette  
Catholic Church**

601 W  
Burnside St

Areas Served: 97203 - 97209. Tues 1  
pm-3 pm, Wed 1 pm-3 pm, Thurs 1  
pm-3 pm

503-228-0746



**Blanchet House  
of Hospitality**

310 NW Glisan  
St

Areas Served: All. Mon 6:30 am-6  
pm, Tues 6:30 am-6 pm, Wed 6:30  
am-6 pm, Thurs 6:30 am-6 pm,  
Fri 6:30 am-6 pm, Sat 6:30 am-6  
pm Meals served from 6:30-7:30  
am, 11:30-12:30 pm, and 5-6 pm.  
Serves all locales.

503-226-3911



**William Temple  
House**

2023 NW Hoyt  
St

Areas Served: All. Tues 10 am-3 pm,  
Wed 10 am-3 pm, Thurs 10 am-3 pm  
\*Shopping style pantry.

503-226-3021



**Clay St Table - St  
Stephen's Site**

1432 SW 13th  
Ave

Areas Served: All. Sun 1 pm-3 pm,  
Mon 10:30 am-11:30 am, Tues 11:45  
am-12:30 pm, Thurs 7 pm-11 pm, Fri  
10:30-11:30 am-7-11 pm, Sat 7:30-  
10 am-7-11 pm Sun lunch served  
under Hawthorne Bridge 1-2pm;  
Tues lunch 11:45-12:30; Operation  
Nightwatch (sandwiches) Thurs -  
Sat 7pm - 11pm; Sat snacks start at  
7:30am; breakfast 9am-10am

503-223-6424



**Lift Urban  
Portland**

1808 NW  
Irving St

Areas Served: NW Portland and  
Downtown, west of SW Broadway.  
Tues 12 pm-2 pm, Thurs 5:30pm-  
7:30pm, Fri 12 pm-2 pm \*Shopping  
style pantry. Service area map:  
[http://lifturbanportland.org/  
services/map\\_eligibility](http://lifturbanportland.org/services/map_eligibility)

503-221-1224



**Ortiz Center Free Food Market**

6736 NE Killingsworth

Areas Served: All. Thurs 9-9:45am  
Open to anyone in need of food assistance, no income verification required. The 1st Thursday of every month - random number given at start of distribution. Please bring your own bag.

503- 988-3509



**SVDP St Peter**

8623 SE Woodstock

Areas Served: 97266, 97236, 97216.  
Wed 10 am-11 am, Sat 10 am-11 am  
Walk-in hours 10-11 on Saturdays.  
Call for referrals

503- 235-8431



**SVDP Blessed Frederic at Holy Cross**

5227 N Bowdoin St

Areas Served: Interstate to Will. Rvr., Col. Rvr. to N. Russ. Av. Tues 10 am-12 pm, Thurs 5:30 pm-7 pm, Fri 10 am-12 pm

503- 235-8431



**Salvation Army Moore St Center**

5335 N Williams Ave

Areas Served: 97203, 97209-97213, 97217, 97218, 97231, 97220. Wed 11am-3pm, Fri 11am-3pm Shopping style pantry. Wednesday and Friday, 11am to 3pm.

971-340-4010



**SVDP St Andrew**

4940 NE 8th Ave

Areas Served: East of I5 to NE 25th & NE Ainsworth to NE Shaver. Wed 9 am-1 pm, Thurs 9 am -1 pm, Fri 9 am-1 pm \*Shopping style pantry.

971-244-0339



**City Team Ministries**

526 SE Grand Ave

Areas Served: all. Mon 7 am-6:30 pm, Tues 7 am-6:30 pm, Wed 7 am-6:30 pm, Thurs 7 am-6:30 pm, Fri 7 am-6:30 pm, Sat 7 am-6:30 pm  
Serves all locales. Breakfast is at 7 a.m., dinner is at 5:45 p.m.



**Clay St Table - SE Hospitality Center**

8800 SE 80th Ave

Fri 7 pm-9 pm, Sat 5 pm-8 pm  
Located at Clackamas Service Center

503-771-7914



**Catholic Charities  
Food Pantry**

2740 SE Powell Blvd  
Wed 12 pm-2 pm

503-231-4866

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**Hand Up Project -  
People's Pantry**

4115 N.  
Mississippi Ave

"Areas Served: all. Mon 12pm-  
4pm At the Q Center 2nd and 4th  
Mondays of the month noon to 4pm

Also at St. Philip the Deacon on  
1st and 3rd Tuesdays noon to 4pm  
(produce and dry goods only)"